# DIOCESE OF MISSOURI HEALTH PLANS

| | 2025 Annual Rates | | | | 2026 Annual Rates | | | |
|---|---|---|---|---|---|---|---|---|
| **Plan Name** | **Single** | **Plus One** | **Family** | | **Single** | **Plus One** | **Family** | **Percent Increase** |
| Anthem BCBS BlueCard PPO 90 | $13,896 | $25,008 | $38,904 | | $14,868 | $26,760 | $41,628 | 7.00% |
| Anthem BCBS BlueCard PPO 80 | $11,904 | $21,432 | $33,336 | | $12,624 | $22,728 | $35,352 | 6.05% |
| Anthem BCBS BlueCard PPO 70 | $10,704 | $19,272 | $29,976 | | $11,352 | $20,436 | $31,788 | 6.05% |
| *Anthem BCBS CDHP-15/HSA | $11,640 | $20,952 | $32,592 | | $12,336 | $22,200 | $34,536 | 5.98% |
| *Anthem BCBS CDHP-20/HSA | $9,840 | $17,712 | $27,552 | | $10,428 | $18,768 | $29,196 | 5.98% |
| Cigna Open Access Plus PPO 90 | $13,896 | $25,008 | $38,904 | | $14,868 | $26,760 | $41,628 | 7.00% |
| Cigna Open Access Plus PPO 80 | $11,904 | $21,432 | $33,336 | | $12,624 | $22,728 | $35,352 | 6.05% |
| Cigna Open Access Plus PPO 70 | $10,704 | $19,272 | $29,976 | | $11,352 | $20,436 | $31,788 | 6.05% |
| *Cigna CDHP-15/HSA | $11,640 | $20,952 | $32,592 | | $12,336 | $22,200 | $34,536 | 5.98% |
| *Cigna CDHP-20/HSA | $9,840 | $17,712 | $27,552 | | $10,428 | $18,768 | $29,196 | 5.98% |
| Cigna Employee Assistance Program | $48 | $48 | $48 | | $48 | $48 | $48 | 0.00% |
| Delta Dental Premium | $864 | $1,560 | $2,424 | | $876 | $1,572 | $2,448 | 1.06% |
| Delta Dental Comprehensive | $648 | $1,164 | $1,812 | | $660 | $1,188 | $1,848 | 1.98% |
| Delta Dental Basic | $456 | $816 | $1,272 | | $456 | $816 | $1,272 | 0.00% |

*** Special Note**: Diocesan policy requires the employer to contribute 100% of the applicable (single or family) CDHP deductible to a Health Savings Account.